



5-7 June 2026
Belgrade Hilton Hotel



SOCIETY OF PEDIATRIC
AND ADOLESCENT
GYNECOLOGY OF SERBIA



KONTRASEPSİYON ve
ÜREME SAĞLIĞI
DERNEĞİ

05 June 26

Session 1

A Holistic Approach to the Definition of Contraception and Its Importance in Women's Health

Chair: Prof. Dr. Berna Dilbaz

- 14:00 – 14:30 Definition of Contraception, Its Importance and Role in Women's Health
Prof. Dr. Berna Dilbaz
- 14:30 – 15:15 Non-Contraceptive Benefits of Oral Contraceptives
Prof. Dr. Nafiye Yılmaz
- 15:15 – 16:00 Q&A
All Speakers
- 16:00 – 16:15 Coffee Break

Session 2

Indications for the Use of Combined Oral Contraceptives and Progestin-Only Pills

Chair: Prof. Dr. Nafiye Yılmaz

- 16:15 – 16:45 Use of Combined Oral Contraceptives in the Treatment of Gynecological Diseases
Assoc. Prof. Dr. Ferruh Acet
- 16:45 – 17:15 Indications for Progestin-Only Pills in Light of Current Literature
Assoc. Prof. Dr. Mustafa Kaplanoğlu
- 17:15 – 17:30 Q&A
All Speakers

06 June 26

Session 1

Women's Health Throughout the Life Course

Chair: Prof. Dr. Nafiye Yılmaz

- 08:30 – 09:30 History of Oral Contraception and Current Areas of Use
Prof. Dr. Serdar Dilbaz
- 09:30 – 10:00 Q&A
All Speakers
- 10:00 – 10:30 Coffee Break

Session 2

Components of Oral Contraception

Chair: Dr. Katarine Sedlecky

- 10:30 – 11:15 Types of Estrogens Used in Oral Contraceptive Products
Prof. Dr. Berna Dilbaz
- 11:15 – 12:00 Use of oral contraceptives in adolescents and young people
Dr. Katarine Sedlecky
- 12:00 – 12:30 Q&A
All Speakers
- 12:30 – 14:00 Lunch Break

Session 3

Counseling in Oral Contraceptive Use & The Importance of Personalized OC Use

Chair: Assoc. Prof. Dr. Ferruh Acet

- 14:00 – 14:45 Counseling in Oral Contraceptive Use
Assoc. Prof. Dr. Ferruh Acet
- 14:45 – 15:30 Management of Complications in Oral Contraceptive Use and Emergency Contraception
Assoc. Prof. Dr. Nefise Nazlı Yenigül
- 15:30 – 16:30 Q&A
All Speakers
- 16:30 – 17:30 Break

Session 4

Counseling in Oral Contraceptive Use & The Importance of Personalized OC Use

Chair: Prof. Dr. Berna Dilbaz

- 17:30 – 18:30 Personalized Approach in OC Use and Additional Benefits Beyond Contraception
Assoc. Prof. Dr. Nefise Nazlı Yenigül

07 June 26

Session 1

Oral Contraceptive Use and Cancer Safety

Chair: Prof. Dr. Serdar Dilbaz

- 08:30 – 09:30 Oral Contraception and Cancer Safety in Light of Current Literature
Assoc. Prof. Dr. Nefise Nazlı Yenigül
- 09:30 – 10:00 Q&A
All Speakers
- 10:00 – 10:30 Coffee Break

Session 2

Indications for the Use of Combined Oral Contraceptives and Progestin-Only Pills

Chair: Prof. Dr. Nafiye Yılmaz

- 10:30 – 11:00 Effective and Safe Contraception Counseling During the Breastfeeding Period
Assoc. Prof. Dr. Ferruh Acet
- 11:00 – 12:00 Preconception Preparation and the Use of Multivitamins and Iron During Pregnancy
Assoc. Prof. Dr. Mustafa Kaplanoğlu
- 12:00 – 12:30 Q&A
All Speakers



SOCIETY OF PEDIATRIC
AND ADOLESCENT
GYNECOLOGY OF SERBIA



KONTRASEPSİYON ve
ÜREME SAĞLIĞI
DERNEĞİ